

ACTIVITY TIME!!!

Activity

Materials:

Paper

Coloring utensils

Stapler

Today's Bible passage describes a world in which people have the things they need. Those who are thirsty get water, and those who are hungry get food. God promises all will be provided and people will have an abundance, which means they will have more than enough.

The season of Lent invites us to reflect on the ways Jesus and God have transformed the world. This Isaiah passage asks us to reflect on how God provides for us in our lives and how we can help provide for ourselves and others so we all can live in the abundance God calls us to. One tool that can help us do this is a Gratitude/Gift Journal.

Take some paper and fold it in half. Unfold it and staple it at the crease 2-3 times, so it makes a journal. Use crayons or markers to decorate the outside of your journal with images that remind you of God's love.

Inside the first page of your journal, write down a few things you are grateful for in your life. Consider people who make you feel loved, places that make you feel safe, things you enjoy, or anything you want. When you write these down, you remember some positive things you have in your life that help you thrive.

Under that, write down a few of your gifts you'd like to share. Your gifts are your skills or talents you use to help yourself or others. When you write these down, you remember some ways you help yourself and others thrive in the world.

Taking some time each day to write these things down can help you consider how you can bring God's abundance into our world today.

Alternate Activity

Materials:

Cups

Large bowl

Water

We are currently in the season of Lent when we remember how Jesus transformed the church. It's an appropriate time to remember ways God does new things in the world and our lives. It is helpful to read stories like today's message from Isaiah and think about God's way of doing things. When we take time to quiet ourselves, be still, and think, we can consider new ways of doing things.

Take several cups (at least one per person if you're doing this in a group) and pour some water into them. Look at each cup of water. Ask yourself how many thirsty people each individual cup of water help could. Each one might help a person or two, but that's about it.

After you've had some time to discuss, pour the water from all your cups into the bowl. Notice how full the bowl is. If someone needed more than one cup of water, they could now get what they needed. All the water together makes a great abundance that could meet people's needs. This is like God, who brings us together not to thirst but to live in abundance!