

ACTIVITY TIME!!!

Activity

Talk as a group about some of the different ways big news is shared in our world today. For example: television, social media, phones, newspapers, etc.

After seeing the empty tomb, Mary couldn't send a group text to the disciples; she had to run to where they were staying and then run all the way back to the tomb with them. Then, after the disciples left and Mary saw with her own eyes Jesus had come back to life—just as he said—she couldn't live stream this incredible news. She had to run all the way back to the disciples again to preach this message!

This activity invites participants to embody the physical experience of Mary that Sunday morning, racing to deliver their message.

Divide participants into groups of four to five and assign the participants in each group a number: 1, 2, 3, 4, or 5. Then split the groups in half, placing those with odd numbers on one side of the room and those with even numbers on the other side. Each group should create a "lane" so the odd number and even number of participants are across from each other.

Think of a short message for the groups to deliver and share it with participant #1 from each group.

Some examples:

- The tomb is empty! Can you believe it?
- I thought I saw a gardener, but it turned out to be Jesus!
- I don't know how this is possible, but Jesus is alive!

When you say, "Go!" participant #1 will quickly move across the room and whisper the message to participant #2. Then, participant #2 will quickly move back across the room and whisper the message to participant #3. Continue this back-and-forth pattern with participants #4 and #5. Then, the last participant on each team must share the message out loud and compare how close they are to the original message.

Alternate Activity

Materials:

Dice

Mary had exciting and important news to share with the disciples, so she used a big, loud voice to tell them the good news of Jesus' resurrection. Sometimes a big, loud voice is just what we need. Other times, we need to use an inside voice or whisper. Talk about the spaces where you can use different voice volumes (loud/quiet, inside/outside, talking voice/whisper), then practice voice regulation and volume control through this fun game!

This activity can be done as a large group or split into smaller groups. Ask everyone to think about a time they saw God in the world or people around them. Maybe a friend showed them kindness at school, or a grownup comforted them when they were scared.

Before sharing their story, participants must first roll the dice. The number rolled is how they must use their voice to tell their story.

- 1. Use a silly voice
- 2. Speak slowly
- 3. Whisper
- 4. Talk really fast
- 5. Use an inside voice
- 6. Sing